# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### On the Radar

Issue 536 8 November 2021

On the Radar is a summary of some of the recent publications in the areas of safety and quality in health care. Inclusion in this document is not an endorsement or recommendation of any publication or provider. Access to particular documents may depend on whether they are Open Access or not, and/or your individual or institutional access to subscription sites/services. Material that may require subscription is included as it is considered relevant.

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For information about the Commission and its programs and publications, please visit <a href="https://www.safetyandquality.gov.au">https://www.safetyandquality.gov.au</a>

You can also follow us on Twitter @ACSQHC.

#### On the Radar

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Contributors: Niall Johnson

#### Journal articles

Ticking the box of 'cultural safety' is not enough: why trauma-informed practice is critical to Indigenous healing Tujague NA, Ryan KLR

Rural and Remote Health. 2021;21(3):6411.

with item of item in 2021)21(0)10111	
DOI	https://doi.org/10.22605/RRH6411
	Article calling for clinicians working with Aboriginal and Torres Strait Islander
	communities to 'acknowledge and understand the impacts of trauma in order to
	engage in culturally safe practice'. The authors argue that 'Recognising the role that
Notes	historical and other traumas play in Indigenous people's communities and lives is a
Notes	prerequisite for respectful and safe practice.' The authors consider that cultural safety
	training has been insufficient and that 'To be truly culturally safe is to understand how
	the history of trauma suffered by Aboriginal and Torres Strait Islander Australians has
	led to social, emotional and economic disadvantage.'

Diagnostic Excellence Yang D, Fineberg HV, Cosby K JAMA. 2021 [epub].

Diagnosis and the Illness Experience: Ways of Knowing

Maitra A, Verghese A JAMA. 2021 [epub]

11 <u>V1/1.</u> ZUZI [C	- բանի
DOI	Yang et al <a href="https://doi.org/10.1001/jama.2021.19493">https://doi.org/10.1001/jama.2021.19493</a> Maitra and Verghese <a href="https://doi.org/10.1001/jama.2021.19496">https://doi.org/10.1001/jama.2021.19496</a>
Notes	The Journal of the American Medical Association (JAMA) has launched a series on diagnostic excellence with these two Viewpoint pieces.  Yang et al observed that 'Diagnosis is a fundamental part of clinical medicine and is a prerequisite for the delivery of high-quality, effective care. Despite its essential place in medical practice, diagnostic performance is understudied and unmeasured, excellence in diagnosis is assumed rather than demonstrated, and diagnostic acumen is often financially unrewarded.' They proceed to state that 'Diagnostic excellence refers to an optimal process to attain an accurate and precise explanation about a patient's condition. An optimal process would be timely, cost-effective, convenient, and understandable to the patient. An accurate and precise diagnosis gains clinical value insofar as it leads to better choices in treatment.' They offer the following key points for diagnostic excellence:  1. Diagnostic excellence:  1. Diagnostic excellence:  2. Diagnostic excellence requires both an optimal process and an accurate understanding of a patient's condition.  3. Diagnostic excellence embraces the 6 dimensions of health care quality enumerated by the Institute of Medicine—care that is safe, effective, patient-centered, timely, efficient, and equitable.  Maitra and Verghese reflect on the "meaning" of diagnosis, for both the clinician and the patient and across time, historically, currently and in the future. They suggest that 'Diagnosis will need to be better, faster, less expensive, more precise, but it must also become a capacious art, one with room for kinship, multiplicity, subjective experience, and moral reckoning. Diagnosis must have room for not-knowing. Diagnosis must be person-centered, embracing the outward-facing human elements that are too easily relegated to the realm of illness.'

Patient safety strategies in psychiatry and how they construct the notion of preventable harm: a scoping review Svensson J

Journal of Patient Safety. 2021 [epub].

DOI	http://doi.org/10.1097/pts.0000000000000885
Notes	Paper reporting on a scoping review that sought to identify 'patient safety strategies used in psychiatry and determine how they construct the notion of preventable harm'. Using literature published between 2000 and 2019, the review identified seven 'focus areas' of patient safety issues in the psychiatric literature. The seven being risk management, healthcare practitioners, patient observation, patient involvement, computerized methods, admission and discharge, and security.  The review's author concludes that 'The strategies that are supported in the literature to achieve safer psychiatry mainly arise from linear cause-effect models and rely on staff performance, competence, and compliance. Contemporary safety science acknowledges the performance variability of everyday normal work and sees risk as the dynamic migration of these daily activities. The field of psychiatry has not yet included this view of safety in the strategic actions to reduce preventable harm.'

For information on the Commission's work on mental health, see <a href="https://www.safetyandquality.gov.au/our-work/mental-health">https://www.safetyandquality.gov.au/our-work/mental-health</a>

For information on the Commission's work on National Safety and Quality Digital Mental Health Standards, see <a href="https://www.safetyandquality.gov.au/standards/national-safety-and-quality-digital-mental-health-standards">https://www.safetyandquality.gov.au/standards/national-safety-and-quality-digital-mental-health-standards</a>

Staffing levels and nursing-sensitive patient outcomes: Umbrella review and qualitative study Blume KS, Dietermann K, Kirchner-Heklau U, Winter V, Fleischer S, Kreidl LM, et al Health Services Research. 2021;56(5):885-907.

nursing-sensitive patient outcomes (NSPOs). After screening 430 'potentially relevant records', the study used 15 literature reviews to derive a list of NSPOs. This list was then extended based on expert input. The identified nursing-sensitive patient outcomes (NSPOs) include:  • Length of stay  • Patient dissatisfaction  • Poor quality of nurse-delivered care  • Readmission  • Failure to rescue  • Medication error  • Mortality  • Pneumonia  • Respiratory failure  • Central nervous system (CNS) complications  • Deep venous thrombosis (DVT)  • Emergency Department visit  • Infection with multi-resistant organism  • Missed discharge preparation  • Patient fall  • Psychological/metabolic derangement  • Pressure ulcer  • Sepsis  • Shock or cardiac arrest	e <u>alth Servi</u> ce	es Research. 2021;56(5):885-907.
much debated. This has included both generally and within specific settings, e.g. in aged care. The paper reports on a review that sought to derive a comprehensive list of nursing-sensitive patient outcomes (NSPOs). After screening 430 'potentially relevant records', the study used 15 literature reviews to derive a list of NSPOs. This list was then extended based on expert input. The identified nursing-sensitive patient outcomes (NSPOs) include:  I Length of stay Patient dissatisfaction Poor quality of nurse-delivered care Readmission Failure to rescue Medication error Mortality Pneumonia Respiratory failure Central nervous system (CNS) complications Deep venous thrombosis (DVT) Emergency Department visit Infection with multi-resistant organism Missed discharge preparation Patient fall Psychological/metabolic derangement Pressure ulcer Sepsis Shock or cardiac arrest	DOI	https://doi.org/10.1111/1475-6773.13647
<ul> <li>Upper gastrointestinal bleeding</li> <li>Urinary tract infection (UTI).</li> </ul>		The issue of staffing levels and the impact on the quality and safety of care has been much debated. This has included both generally and within specific settings, e.g. in aged care. The paper reports on a review that sought to derive a comprehensive list of nursing-sensitive patient outcomes (NSPOs). After screening 430 'potentially relevant records', the study used 15 literature reviews to derive a list of NSPOs. This list was then extended based on expert input. The identified nursing-sensitive patient outcomes (NSPOs) include:  • Length of stay  • Patient dissatisfaction  • Poor quality of nurse-delivered care  • Readmission  • Failure to rescue  • Medication error  • Mortality  • Pneumonia  • Respiratory failure  • Central nervous system (CNS) complications  • Deep venous thrombosis (DVT)  • Emergency Department visit  • Infection with multi-resistant organism  • Missed discharge preparation  • Patient fall  • Psychological/metabolic derangement  • Pressure ulcer  • Sepsis  • Shock or cardiac arrest  • Surgical wound infection  • Upper gastrointestinal bleeding

#### Journal for Healthcare Quality

Volume 43, Number 6, November/December 2021

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	URL	https://journals.lww.com/jhqonline/toc/2021/12000
		A new issue of the Journal for Healthcare Quality (JHQ) has been published. Articles in
		this issue of the Journal for Healthcare Quality include:
		• Implementation of Patient Safety Structures and Processes in the Patient-
		Centered Medical Home (Tyler Oberlander, Sarah Hudson Scholle, Jill
		Marsteller, Michael S Barr, Sydney Morss Dy)

- Quality-of-Care Implications of Antimicrobial Prescription Patterns for Acute Respiratory Tract Infections (Vansha Singh, Liron Sinvani, Bruce Hirsch, Kayla Finuf, Claire Popplewell, Michael Qiu, Michele Pisano, Nina Kohn, Renee Pekmezaris, Gisele Wolf-Klein)
- Greater Compliance With Early Sepsis Management is Associated With Safer Care and Shorter Hospital Stay (Larissa G Rodriguez-Homs, Sabran J Masoud, Matthew J Mosca, Oliver K Jawitz, Cara O'Brien, Paul J Mosca)
- Quality Measurement and Patient Outcomes in Inpatient Behavioral Health: Assessing the Current Framework (Rachel B Nowlin, Sarah K Brown, Jessica R Ingram, Johan R Smith)
- Clinical Team Training and a Structured Handoff Tool to Improve Teamwork, Communication, and Patient Safety (Brett Neville, Rebecca S Miltner, Maria R Shirey)
- Educational and Electronic-Based Tools to Mitigate the Risk of Transfusion Adverse Events (Jennifer Ding, Rebecca Krey, Laura Malone, VeRonika Merrill, Mona Krouss, Jennifer O'Brien, Magali J Fontaine)
- Established Trauma Triage Score Predicts Risk of Falling After Femoral Neck Fracture Arthroplasty Surgery (Sanjit R Konda, Cody R Perskin, Rown Parola, Connor P Littlefield, Kenneth A Egol)

Patient Experience Journal

Volume 8 Issue 3

URL	https://pxjournal.org/journal/vol8/iss3/
	A new issue of the Patient Experience Journal (PXJ) has been published. Articles in this
	issue of the Patient Experience Journal include:
	Editorial: In divided times, a focus on human experience connects us
	(Jason A Wolf)
	Rebuilding a foundation of trust: A call to action in <b>creating a safe</b>
	environment for everyone (Cynda H Rushton, Laura J Wood, Karen
	Grimley, Jerry Mansfield, Barbara Jacobs, and Jason A Wolf)
	How to address fear: A patient's perspective of seeking care during  COVID 10 (Paris Parts) Suday Hard Navis Safday and Mary Is Washington
	COVID-19 (Rosie Bartel, Sydney Hoel, Nasia Safdar, and Mary Jo Knobloch)
	• The "wreckage" left by the <b>COVID-19</b> passage: Thoughts of a <b>palliative care nurse</b> (Angela Simões)
	• Focus on optimal health, not ideal health (John M Roll)
	Using design-thinking to investigate and improve patient experience
	(Jennifer Smiechowski, Megan Mercia, Kyle Kemp, Elizabeth Oddone
	Paolucci, Maria Santana, and Rahim Kachra)
	Co-production development of a decision support tool for peers and
	service users to choose technologies to support recovery (Mbita Mbao, Yaara
	Zisman Ilani, Ali Gold, Amanda Myers, Robert Walker, and Karen L Fortuna)
	• Consumer representative experiences of partnership with health workers
	in Australia (Coralie R Wales, J A Lababedi, A Coles, P Lee, and E Clarke)
	Perceptions of the healthcare system among stakeholders (Michael D
	Markee, Christine Ascencio, Laura Brugger, Renee Jonas, and Hisako Matsuo)
	• The tensions between healthcare providers and patient and family
	advisory committees (PFACs): A comparative health system analysis between England and Ontario (Umair Majid)
	Comparing patient experience survey scores between telehealth and in-
	person ambulatory pediatric subspecialty visits (Sean T Bomher, Matthew
	person amountary penante subspeciatey visits (scan 1 Dominet, Matthew

- Wood, Elizabeth Uhlhorn, Sandro Marques, Lee Kwiatkowski, Natasa Tekic, Cameron D'Alpe, Natalie M Pageler, and Lane F Donnelly)
- The effect of **service excellence training**: Examining providers' patient experience scores (Katelyn J Cavanaugh, M A Johnson, and C L Holladay)
- Implementing PODS (**Patient Oriented Discharge Summary**) in an acute medical urban health setting in Vancouver, Canada (Agnes T Black, Suzanne Nixon, MacLeod Meghan, Christine Wallsworth, Lena Cuthbertson, Beena Parappilly, Jay MacDonald, Kate McNamee, and Cheryl Prinzen)
- Patient satisfaction while enrolled in clinical trials: A literature review (Ilufredo Y Tantoy, Andrea N Bright, Evan Paelmo, Emily I Moreland, Ashley N Trost, Joan Pasquesi, Charlotta Weaver, and Richard T D'Aquila)
- Motivations, experiences, and aspirations in **patient engagement of people** living with metastatic cancer (Patricia L Stoop and Leslie Duran)
- Patient engagement in an academic community-based primary care practice's management committee: A case study (Emmanuelle Trépanier, Marie-Pascale Pomey, and Paule Lebel)
- Using a multidisciplinary data approach to operationalize **an experience framework** (Kevin Spera, Garrett Holmes, and Sunni Barnes)

Journal of Health Services Research & Policy Volume: 26, Number: 4 (October 2021)

URL	https://journals.sagepub.com/toc/hsrb/26/4
	A new issue of the <i>Journal of Health Services Research &amp; Policy</i> has been published.
	Articles in this issue of the Journal of Health Services Research & Policy include:
	• Editorial: 'It has to be their choice. We need to give them options' (Hanni
	Stoklosa and Chris Ash)
	The employment and mental health impact of integrated Improving Access
	to Psychological Therapies: Evidence on secondary health care utilization
	from a pragmatic trial in three English counties (Veronica Toffolutti, David
	Stuckler, Martin McKee, Ineke Wolsey, Judith Chapman, Theo J Pimm,
	Joanne Ryder, Heather Salt, and David M Clark)
	Health system barriers to accessing care for children with weight issues in
	New Zealand: An interview-based study (Cervantée E K Wild, Ngauru Rawiri,
	Esther J Willing, Paul L Hofman, and Yvonne C Anderson)
	Effects of an integrated respiratory service on Chronic Obstructive
	<b>Pulmonary Disease hospital admissions</b> in England: An interrupted time series analysis (Martha M C Elwenspoek, Tim Jones, and James W Dodd)
	• Challenges of using asthma admission rates as a measure of primary care quality in children: An international comparison (Irina Lut, Kate Lewis,
	Linda Wijlaars, Ruth Gilbert, Tiffany Fitzpatrick, Hong Lu, Astrid Guttmann,
	Sharon Goldfield, Shaoke Lei, Geir Gunnlaugsson, Stefán Hrafn Jónsson, Reli
	Mechtler, Mika Gissler, Anders Hjern, and Pia Hardelid)
	• A narrative account of the key drivers in the development of the <b>Learning</b>
	from Deaths policy (Mirza Lalani and Helen Hogan)
	'Have you ever traded sex for money or drugs?' Health care providers'
	perspectives on sex trafficking risk assessments in clinics (Lara Gerassi
	and Anna Pederson)

- Use of single-bed rooms may decrease the incidence of hospital-acquired infections in geriatric patients: A retrospective cohort study in Central Denmark region (Merete Gregersen, Anders Mellemkjær, Catherine H Foss, and Sif Blandfort)
- The effects of centralizing cancer surgery on postoperative mortality: A systematic review and meta-analysis (Roberto Grilli, Federica Violi, Maria Chiara Bassi, and Massimiliano Marino)

#### Health Affairs

Volume 40, Number 11, November 2021

URL	https://www.healthaffairs.org/toc/hlthaff/40/11
	A new issue of Health Affairs has been published with the theme of "Hospitals, ACA
	Marketplaces & More". Articles in this issue of <i>Health Affairs</i> include:
	Medicare Diabetes Prevention: Enrollment Short Of Projections (H Meyer)
	Medicare Two-Midnight Rule Accelerated Shift To Observation Stays (S J Poon, C J D Wallis, P Lai, L Podczerwinski, and M Beeuwkes Buntin)
	<ul> <li>Private Equity Acquisition And Responsiveness To Service-Line Profitability At Short-Term Acute Care Hospitals (Marcelo Cerullo, Kelly Kaili Yang, James Roberts, Ryan C McDevitt, and Anaeze C Offodile)</li> </ul>
	• Increasing Insurance Choices In The Affordable Care Act Marketplaces, 2018–21 (David M Anderson, and Kevin N Griffith)
	ACA Marketplaces Became Less Affordable Over Time For Many Middle- Class Families, Especially The Near-Elderly (Paul D Jacobs, and Steven C Hill)
	• Growth In <b>ACA-Compliant Marketplace Enrollment And Spending Risk</b> Changes During The COVID-19 Pandemic (John Hsu, Chia Yi Chin, Max Weiss, Michael Cohen, J Sastry, N Katz-Christy, J Bertko, and J P Newhouse)
	The Association Between Medicaid Adult Dental Coverage And
	Children's Oral Health (Brandy J Lipton, Tracy L Finlayson, Sandra L Decker, Richard J Manski, and Mingan Yang)
Notes	<ul> <li>Many States Were Able To Expand Medicaid Without Increasing         Administrative Spending (Casey P Balio, Justin Blackburn, Valerie A Yeager,         Kosali I Simon, and Nir Menachemi)     </li> </ul>
	<ul> <li>Variation In Use And Content Of Prescription Drug Step Therapy Protocols, Within And Across Health Plans (Kelly L Lenahan, Donald E Nichols, Rebecca M Gertler, and James D Chambers)</li> </ul>
	<ul> <li>Estimating The Appropriate Size Of Global Pull Incentives For Antibacterial Medicines (Kevin Outterson)</li> </ul>
	• Neonatal Opioid Withdrawal Syndrome Is Associated With Infant Foster Care Entry At The County Level (Sarah F Loch, Bradley D Stein, Robin Ghertner, Elizabeth McNeer, William D Dupont, R Smart, and S W Patrick)
	<ul> <li>Association Of Neighborhood Disadvantage With Racial Disparities In COVID-19 Positivity In Chicago (Elizabeth L Tung, Monica E Peek, Marco A Rivas, Joyce P Yang, and Anna Volerman)</li> </ul>
	Disparities In County COVID-19 Vaccination Rates Linked To
	Disadvantage And Hesitancy (Matthew A Crane, R R Faden, and J A Romley)
	In Nigeria, Stillbirths And Newborn Deaths Increased During The
	COVID-19 Pandemic (Edward N Okeke, Isa S Abubakar, and R De Guttry)
	Opening Up About My Struggle With Recurring Depression (Nora Super)

BMJ Quality & Safety online first articles

URL	https://qualitysafety.bmj.com/content/early/recent
	BMJ Quality & Safety has published a number of 'online first' articles, including:
	• Editorial: <b>Physician variation in opioid prescribing</b> : the importance of sex
	and gender (Paula Rochon, Parya Borhani, Jennifer Akerman, Anamika
Notes	Mishra)
	Association of clinical competence, specialty and physician country of origin
	with opioid prescribing for chronic pain: a cohort study (Robyn Tamblyn,
	Nadyne Girard, John Boulet, Dale Dauphinee, Bettina Habib)

International Journal for Quality in Health Care online first articles

URL	https://academic.oup.com/intqhc/advance-articles
	International Journal for Quality in Health Care has published a number of 'online first'
	articles, including:
Notes	Organizational Capacity for Patient and Family Engagement in Hospital
Notes	Planning and Improvement: Interviews With Patient/Family Advisors,
	Managers and Clinicians (Natalie N Anderson, G Ross Baker, Lesley Moody,
	Kerseri Scane, Robin Urquhart, Walter P Wodchis, Anna R Gagliardi)

#### Online resources

[UK] NICE Guidelines and Quality Standards

https://www.nice.org.uk/guidance

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates are:

- NICE Guideline NG206 Myalgic encephalomyelitis (or encephalopathy)/chronic fatigue syndrome: diagnosis and management <a href="https://www.nice.org.uk/guidance/ng206">https://www.nice.org.uk/guidance/ng206</a>
- Quality Standard QS60 Inducing labour https://www.nice.org.uk/guidance/qs60
- NICE Guideline NG207 *Inducing labour* <a href="https://www.nice.org.uk/guidance/ng207">https://www.nice.org.uk/guidance/ng207</a>
- NICE Guideline NG191 COVID-19 rapid guideline: managing COVID-19 <a href="https://www.nice.org.uk/guidance/ng191">https://www.nice.org.uk/guidance/ng191</a>

[USA] Effective Health Care Program reports

https://effectivehealthcare.ahrq.gov/

The US Agency for Healthcare Research and Quality (AHRQ) has an Effective Health Care (EHC) Program. The EHC has released the following final reports and updates:

- Integrated and Comprehensive Pain Management Programs: Effectiveness and Harms https://effectivehealthcare.ahrq.gov/products/integrated-pain-management/research
- Management of High-Need, High-Cost Patients: A "Best Fit" Framework Synthesis, Realist Review, and Systematic Review

  <a href="https://effectivehealthcare.ahrq.gov/products/high-utilizers-health-care/research">https://effectivehealthcare.ahrq.gov/products/high-utilizers-health-care/research</a>

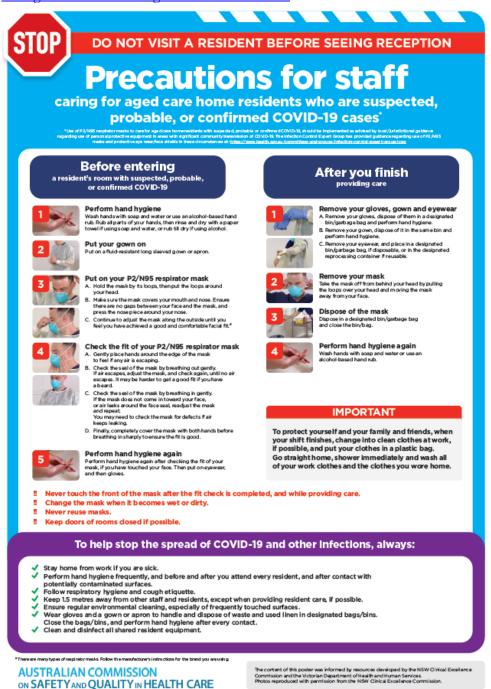
#### **COVID-19** resources

https://www.safetyandquality.gov.au/covid-19

The Australian Commission on Safety and Quality in Health Care has developed a number of resources to assist healthcare organisations, facilities and clinicians. These and other material on COVID-19 are available at <a href="https://www.safetyandquality.gov.au/covid-19">https://www.safetyandquality.gov.au/covid-19</a>

These resource include:

- COVID-19 infection prevention and control risk management
  https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance
- Poster PPE use for aged care staff caring for residents with COVID-19
   https://www.safetyandquality.gov.au/publications-and-resources/resource-library/poster-ppe-use-aged-care-staff-caring-residents-covid-19



Poster – Combined contact and droplet precautions
 https://www.safetyandquality.gov.au/publications-and-resources/resource-library/poster-combined-contact-and-droplet-precautions



# **VISITOR RESTRICTIONS IN PLACE**

For all staff

## **Combined contact & droplet precautions**

in addition to standard precautions\*

#### Before entering room/care area



Perform hand hygiene



Put on gown



Put on a surgical mask



Put on protective eyewear



Perform hand hygiene



Put on gloves

#### At doorway prior to leaving room/care area



Remove and dispose of gloves



Perform hand hygiene



Remove and dispose of gown



Perform hand hygiene



Remove protective eyewear



Perform hand hygiene



Remove and dispose of mask



Leave the room/care area



After leaving the room/care area perform hand hygiene

\*e.g. Acute respiratory tract infection with unknown aetiology (low COVID-19 risk), seasonal influenza and RSV

For more detail, refer to the Australian Guidelines for the Prevention and Control of Infection in Healthcare, your state and territory guidance and https://www.health.gov.au/committees-and-groups/infection-control-expert-group-iceg

AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE



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Poster – Combined airborne and contact precautions
 https://www.safetyandquality.gov.au/publications-and-resources/resource-library/poster-combined-airborne-and-contact-precautions



### **VISITOR RESTRICTIONS IN PLACE**

For all staff

### Combined airborne & contact precautions

in addition to standard precautions

#### Before entering room/care zone



Perform hand hygiene



Put on gown



Put on a particulate respirator (e.g. P2/N95) and perform fit check



Put on protective eyewear



Perform hand hygiene



Put on gloves

#### At doorway prior to leaving room/care zone



Remove and dispose of gloves



Perform hand hygiene



Remove and dispose of gown



Leave the room/care zone



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove protective eyewear (in an anteroom/outside the room/care zone)



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove and dispose of particulate respirator (in an anteroom/outside the room/care zone)



Perform hand hygiene

#### KEEP DOOR CLOSED AT ALL TIMES

AUSTRALIAN COMMISSION
ON SAFETY AND QUALITY IN HEALTH CARE

The content of this poster was informed by resources developed by the NSW Clinical boolience Commission and the Australian Government infaction Control Expert Group Photos reproduced with permission of the NSW Clinical Boolience Commission.

- Environmental Cleaning and Infection Prevention and Control www.safetyandquality.gov.au/environmental-cleaning
- COVID-19 infection prevention and control risk management Guidance
  <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance</a>
- Safe care for people with cognitive impairment during COVID-19
  https://www.safetyandquality.gov.au/our-work/cognitive-impairment/cognitive-impairment-and-covid-19
- Stop COVID-19: Break the chain of infection poster https://www.safetyandquality.gov.au/publications-and-resources/resource-library/break-chain-infection-poster-a3



- FAQs for clinicians on elective surgery https://www.safetyandquality.gov.au/node/5724
- FAQs for consumers on elective surgery <a href="https://www.safetyandquality.gov.au/node/5725">https://www.safetyandquality.gov.au/node/5725</a>

COVID-19 and face masks – Information for consumers

https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-and-face-masks-information-consumers

# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE

INFORMATION for consumers

### COVID-19 and face masks

#### Should I use a face mask?

Wearing face masks may protect you from droplets (small drops) when a person with COVID-19 coughs, speaks or sneezes, and you are less than 1.5 metres away from them. Wearing a mask will also help protect others if you are infected with the virus, but do not have symptoms of infection.

Wearing a face mask in Australia is recommended by health experts in areas where community transmission of COVID-19 is high, whenever physical distancing is not possible. Deciding whether to wear a face mask is your personal choice. Some people may feel more comfortable wearing a face mask in the community.

When thinking about whether wearing a face mask is right for you, consider the following:

- Face masks may protect you when it is not possible to maintain the 1.5 metre physical distance from other people e.g. on a crowded bus or train
- Are you older or do you have other medical conditions like heart disease, diabetes or respiratory illness? People in these groups may get more severe illness if they are infected with COVID-19
- Wearing a face mask will reduce the spread of droplets from your coughs and sneezes to others (however, if you have any cold or flu-like symptoms you should stay home)
- A face mask will not provide you with complete protection from COVID-19. You should also do all of the other things listed below to prevent the spread of COVID-19.

# What can you do to prevent the spread of COVID-19?

Stopping the spread of COVID-19 is everyone's responsibility. The most important things that you can do to protect yourself and others are to:

- Stay at home when you are unwell, with even mild respiratory symptoms
- Regularly wash your hands with soap and water or use an alcohol-based hand rub
- Do not touch your face
- Do not touch surfaces that may be contaminated with the virus
- Stay at least 1.5 metres away from other people (physical distancing)
- Cover your mouth when you cough by coughing into your elbow, or into a tissue. Throw the tissue away immediately.



#### National COVID-19 Clinical Evidence Taskforce

#### https://covid19evidence.net.au/

The National COVID-19 Clinical Evidence Taskforce is a collaboration of peak health professional bodies across Australia whose members are providing clinical care to people with COVID-19. The taskforce is undertaking continuous evidence surveillance to identify and rapidly synthesise emerging research in order to provide national, evidence-based guidelines and clinical flowcharts for the clinical care of people with COVID-19. The guidelines address questions that are specific to managing COVID-19 and cover the full disease course across mild, moderate, severe and critical illness. These are 'living' guidelines, updated with new research in near real-time in order to give reliable, up-to-the minute advice to clinicians providing frontline care in this unprecedented global health crisis.

#### COVID-19 Critical Intelligence Unit

#### https://www.aci.health.nsw.gov.au/covid-19/critical-intelligence-unit

The Agency for Clinical Innovation (ACI) in New South Wales has developed this page summarising rapid, evidence-based advice during the COVID-19 pandemic. Its operations focus on systems intelligence, clinical intelligence and evidence integration. The content includes a daily evidence digest, a COVID status monitor, a risk monitoring dashboard and evidence checks on a discrete topic or question relating to the current COVID-19 pandemic. There is also a 'Living evidence' section summarising key studies and emerging evidence on **COVID-19 vaccines** and **SARS-CoV-2 variants**. The most recent updates include:

- **Respiratory therapies and COVID-19** What is the evidence for the use of respiratory therapies for the management of COVID-19?
- *Hospitalisation and ICU admission relative risk* What is the evidence for the relative risk of hospitalisation and ICU admission for vaccinated versus unvaccinated people?
- Foetal and neonatal outcomes of COVID-19 in pregnancy What evidence is available for adverse foetal and neonatal outcomes, for example miscarriage, stillbirth and neonatal death, associated with COVID-19 infection during pregnancy?
- **De-isolation and risk of transmission** What is the evidence for de-isolation and the risk of COVID-19 transmission?
- Face masks and COVID-19 transmission in the community What is the evidence for the effectiveness of face masks in community settings for reducing influenza-like illnesses, including COVID-19?
- COVID-19 vaccines in Australia What is the evidence on COVID-19 vaccines in Australia?

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