# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### On the Radar

Issue 590 13 February 2023

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### On the Radar

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### New case study on reviewing clinical variation

Reducing unplanned readmissions after paediatric tonsillectomy in Victoria ACSQHC 2023

https://www.safetyandquality.gov.au/our-work/healthcare-variation/user-guide-reviewing-clinical-variation/case-studies/reducing-unplanned-readmissions-after-paediatric-tonsillectomy-victoria

The Commission has published a new case study on reducing unplanned readmission after paediatric tonsillectomy as part of the *User Guide for Reviewing Clinical Variation* (https://www.safetyandquality.gov.au/our-work/healthcare-variation/user-guide-reviewing-clinical-variation)

The Paediatric Clinical Network at Safer Care Victoria (SCV) partnered with five health services in Victoria to substantially reduce readmissions after paediatric tonsillectomy. The case study features the SCV team's insights about why the project worked and what they learnt along the way. The project resources are available for other health services to use.

The case study joins others that showcase best practice and innovation in the review of clinical variation, across healthcare settings. Topics include hip fracture surgery, stroke, colonoscopy, reducing

preterm and planned early term births and improving end-of-life care. The case studies are available at <a href="https://www.safetyandquality.gov.au/our-work/healthcare-variation/user-guide-reviewing-clinical-variation/case-studies">https://www.safetyandquality.gov.au/our-work/healthcare-variation/user-guide-reviewing-clinical-variation/case-studies</a>

### Reports

U.S. Health Care from a Global Perspective, 2022: Accelerating Spending, Worsening Outcomes Gunja MZ, Gumas ED, Williams II RD New York: The Commonwealth Ffund; 2023.

DOI	https://doi.org/10.26099/8ejy-yc74
Notes	This issues brief from the Commonwealth Fund in the USA notes that Health care spending, both per person and as a share of GDP, continues to be far higher in the United States than in other high-income countries. Yet the U.S. is the only country that doesn't have universal health coverage and on many health measures it compares poorly with other high income nations. This issues brief presents the cross-national comparison of health care systems to assess U.S. health spending, outcomes, status, and service use relative to Australia, Canada, France, Germany, Japan, the Netherlands, New Zealand, Norway, South Korea, Sweden, Switzerland, and the United Kingdom. It also assesses many aspects against OECD nations and the average across the OCED. The USA consistently emerges as an outlier with higher spending but poorer outcomes.  While Australia fares well across many of these measures there are others where Australia does not compare so favourably.

### Journal articles

Changes in unprofessional behaviour, teamwork and co-operation among hospital staff during the COVID-19 pandemic Westbrook JI, McMullan R, Urwin R, Churruca K, Metri J, Loh E, et al Internal Medicine Journal. 2022;52(10):1821-1825.

DOI	https://doi.org/10.1111/imj.15913
	This Australian study surveyed staff at five hospitals on changes in unprofessional
	behaviour, teamwork and co-operation during the COVID-19 pandemic. Based on
	1583 responses, 76.1% reported no change or a decrease in unprofessional
Nietos	<b>behaviours</b> . The authors also report that 'Across all professional groups, <b>43.6</b> % (n =
Notes	579, 95% CI: 41.0–46.3%) reported improvements in teamwork and co-
	operation.' The authors 'suggest that intensifying work demands, such as those
	resulting from the pandemic, are not a major trigger for unprofessional behaviour, and
	root causes lie elsewhere.'

Healthy indoor air is our fundamental need: the time to act is now Morawska L, Marks GB, Monty J

Medical Journal of Australia. 2022;217(11):578-581.

DOI	https://doi.org/10.5694/mja2.51768
Notes	During the COVID-19 pandemic the significance of indoor air quality has been much-debated. However, the issue is no one purely of airborne disease, indoor air quality in much of the world is poor and this can be due to a number of factors. The authors of this piece call for the development and implementation of indoor air quality standards.

The Commission recently released guidance on Optimising ventilation for infection prevention and control in healthcare settings. The guidance is available at https://www.safetyandquality.gov.au/publications-and-resources/resource-<u>library/optimising-ventilation-infection-prevention-and-control-healthcare-settings</u>

The science of clinical quality registries

Parker KJ, Hickman LD, Ferguson C

European Journal of Cardiovascular Nursing. 2023:zvad008.

### https://doi.org/10.1093/eurjcn/zvad008 DOI Clinical Quality Registries (CQRs) have been described as 'unique safety and quality clinical data collections that report on retrospective, current and prospectively collected health data. The purpose of CQRs is to systematically monitor the quality of health care within specific clinical domains so that the information generated can be used to improve care.' The authors of this piece also consider that they 'can be a transformational tool to improve healthcare delivery'. They seek to 'highlights the skills and capabilities required to build and maintain a robust clinical quality registry. This includes key measures to ensure data security, quality control, ongoing operational components, and benchmarking of care outcomes.' In a number of respects this piece rehearses and extends the rationale and contents of the 2010 Operating principles and technical standards for clinical quality registries and the later Framework for Australian clinical quality registries developed by the Australian Commission on Safety and Quality in Health Care. The science of clinical quality registries Data recorded by clinicians Notes Clinical quality registries (CQR) can be a transformational tool to ameliorate healthcare delivery Data transferred to registry Highlights the capabilities required to build COR Clinical Data compiled and maintain a robust clinical quality registry feedback loop and analysed Key principles of registry science Regular reports that include Improvement Governance processes in clinical care benchmarks and outliers Data variables **DO** Data management and training Quality control Regular feeedback is provided to clinicians, patients, hospital administrators, Reporting of outcomes stakeholders and government Important practice points Impactful clinical quality registries are potentially a transformative tool which must maintain robust methodology and maintenance to drive quality improvements in care • Methodologically rigorous clinical quality registries demonstrate the translation of data to knowledge,

For information on the Commission's work on clinical quality registries, see https://www.safetyandquality.gov.au/our-work/health-and-human-research/national-arrangementsclinical-quality-registries

knowledge to practice and then practice back to data

Health care in the metaverse Curtis C, Brolan CE Medical Journal of Australia. 2023;218(1):46-46.

Precision medicine in Australia: now is the time to get it right O'Shea R, Ma AS, Jamieson RV, Rankin NM

Medical Journal of Australia. 2022;217(11):559-563.

DOI	Curtis and Brolan https://doi.org/10.5694/mja2.51793 O'Shea et al https://doi.org/10.5694/mja2.51777
Notes	These recent pieces are united by visions of the future of healthcare, and by the need for the sector to prepare for these possibilities, including implementation challenges, changes to funding, regulation and oversight.

### Health Affairs

Volume 42, Number 2, February 2023

	Tumber 2, February 2023
URL	https://www.healthaffairs.org/toc/hlthaff/42/2
	A new issue of <i>Health Affairs</i> has been published with the themes " <b>Behavioral</b> "
	Health, Nursing Home Workforce & More". Articles in this issue of Health Affairs
	include:
	Psychosocial Rehab Meets Patients' Behavioral Health Needs (Brian Rinker)
	Adult Primary Care Physician Visits Increasingly Address Mental Health
	Concerns (Lisa S Rotenstein, Samuel T Edwards, and Bruce E Landon)
	Geographical Variations In Emergency Department Visits For Mental
	Health Conditions For Medicaid Beneficiaries (K John McConnell, Kelsey
	Watson, Esther Choo, and Jane M Zhu)
	Many Clinicians Implement Digital Equity Strategies To Treat <b>Opioid Use</b>
	Disorder (Lori Uscher-Pines, Lauren E Riedel, Ateev Mehrotra, Sherri Rose,
	Alisa B Busch, and Haiden A Huskamp)
	A Widening Divide: Cigarette Smoking Trends Among People With
	Substance Use Disorder And Criminal Legal Involvement (Brendan Saloner,
	Wenshu Li, Michael Flores, Ana M. Progovac, and Benjamin Lê Cook)
	Understanding Nursing Home Spending And Staff Levels In The Context
Notes	Of Recent Nursing Staff Recommendations (John R Bowblis, Christopher S
Notes	Brunt, Huiwen Xu, and David C Grabowski)
	The Role Of Real Estate Investment Trusts In Staffing US Nursing Homes
	(Robert Tyler Braun, Dunc Williams, David G Stevenson, Lawrence P
	Casalino, Hye-young Jung, Rahul Fernandez, and Mark A Unruh)
	Differences In Nursing Home Staff COVID-19 Testing Rates And Odds Of
	Vaccination Across Work Shifts (Elizabeth M White, Jasmine L Travers,
	Natalia Gouskova, Gahee Oh, Maggie Syme, Xiaofei Yang, Ana Montoya,
	Richard A Feifer, David C Grabowski, Vincent Mor, and Sarah D Berry)
	Ground Ambulance Billing And Prices Differ By Ownership Structure
	(Loren Adler, Bich Ly, Erin Duffy, Kathleen Hannick, M Hall, and E Trish)
	Ambulance Transport Destinations In The US Differ By Patient Race And
	Ethnicity (Christine E Pack, Andrew T Partain, R P Crowe, and L H Brown)
	Substantial Growth In Medicare Advantage And Implications For Reform
	(Erin Trish, Samuel Valdez, Paul B Ginsburg, S Randall, and S M Lieberman)
	Narrow <b>Dialysis Networks</b> In Medicare Advantage: Exposure By Race,
	Ethnicity, And Dual Eligibility (Eunhae Grace Oh, David J Meyers, Kevin H
	Nguyen, and Amal N Trivedi)

•	Rates Of Preterm Birth And Low Birthweight: An Analysis Of Racial And
	Ethnic Populations (Clare C Brown, Jennifer E Moore, and J Mick Tilford)
•	Community Health, Health Care Access, And COVID-19 Booster
	Uptake In Massachusetts (Adam Gaffney, Steffie Woolhandler, Jacob Bor,
	Danny McCormick, and David U Himmelstein)
•	Trends In Medical And Pharmacy Spending In The Affordable Care Act
	Markets, 2015-19 (Nathaniel G Jacobson, Dane Hansen, and G Dieguez)
•	Dental Services Use: Medicare Beneficiaries Experience Immediate And
	Long-Term Reductions After Enrollment (L Simon, Z Song, and M L Barnett)
•	Abortion Care Is Essential Medical Care (Rachel Jensen)

BMJ Quality & Safety online first articles

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URL	https://qualitysafety.bmj.com/content/early/recent
	BMJ Quality & Safety has published a number of 'online first' articles, including:
	<ul> <li>Editorial: Making it happen: engaging the power of many in translating research into practice (Lillian S Kao, Clifford Y Ko)</li> </ul>
Notes	• Roles and effectiveness of knowledge brokers for translating clinical practice guidelines in health-related settings: a systematic review (Amanda J Cross, Terry P Haines, Choon Ean Ooi, Adam La Caze, Sara Karavesovska, Eu Jin Lee, Samuel Siu, Sagar Sareen, Carlos Jones, Michelle Steeper, John
	Simon Bell)

International Journal for Quality in Health Care online first articles

URL	https://academic.oup.com/intqhc/advance-articles
Notes	International Journal for Quality in Health Care has published a number of 'online first' articles, including:  • Hospital accreditation: an umbrella review (Katherine Lewis, Reece Hinchcliff)

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#### Online resources

### End of Life Essentials

https://www.endoflifeessentials.com.au/

A new set of free Training Resources are now available from End-of-Life Essentials (EOLE) <a href="https://www.endoflifeessentials.com.au/tabid/7633/Default.aspx">https://www.endoflifeessentials.com.au/tabid/7633/Default.aspx</a>. Tailored for short and focused inservice training sessions, EOLE offers a variety of assets including seminar presentations, templates, videos, and quizzes to support health professionals in the following topics:

- Death as a normal part of life
- Recognising Dying
- Imminent Death
- Communication
- Team Work
- After a Death.

These can be used in small learning groups, presentations, discussions, and more. EOLE provide the tools and flexibility needed to enhance and personalise professional learning in end-of-life care. The education modules and supporting resources have been developed to help doctors, nurses and allied health professionals develop their skills and confidence in end-of-life care. Although, initially targeted at acute care, the education is applicable to a wide range of health settings. All components of the e-learning package draw upon the Australian Commission on Safety and Quality in Health Care's National Consensus Statement: Essential elements for safe and high-quality end-of-life care.

End-of-Life Essentials is funded by the Australian Government Department of Health and Aged Care.

### [UK] NICE Guidelines and Quality Standards

https://www.nice.org.uk/guidance

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates include:

 NICE Guideline NG231 Barrett's oesophagus and stage 1 oesophageal adenocarcinoma: monitoring and management https://www.nice.org.uk/guidance/ng231

### [USA] Effective Health Care Program reports

https://effectivehealthcare.ahrq.gov/

The US Agency for Healthcare Research and Quality (AHRQ) has an Effective Health Care (EHC) Program. The EHC has released the following final reports and updates:

• Partial Breast Irradiation for Breast Cancer. Comparative Effectiveness Review No. 259 <a href="https://effectivehealthcare.ahrq.gov/products/partial-breast-irradiation/research">https://effectivehealthcare.ahrq.gov/products/partial-breast-irradiation/research</a>

### **COVID-19** resources

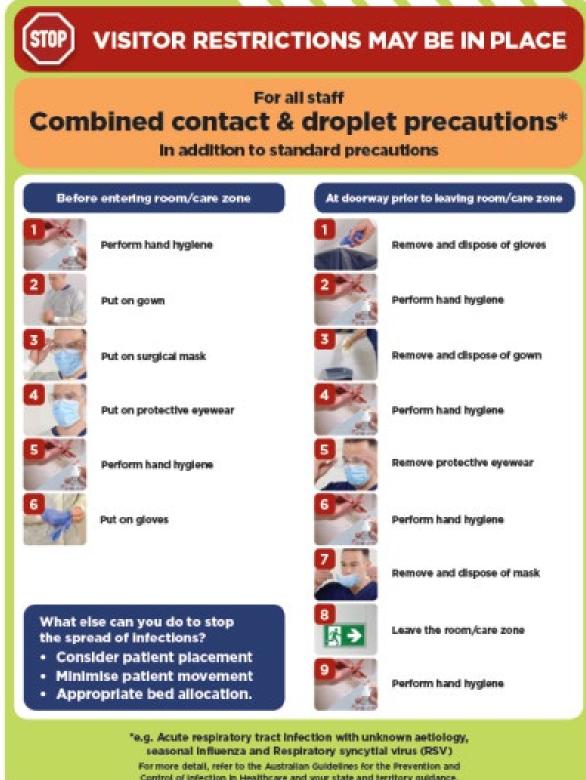
https://www.safetyandquality.gov.au/covid-19

The Australian Commission on Safety and Quality in Health Care has developed a number of resources to assist healthcare organisations, facilities and clinicians. These and other material on COVID-19 are available at <a href="https://www.safetyandquality.gov.au/covid-19">https://www.safetyandquality.gov.au/covid-19</a>

These resources include:

OVID-19 infection prevention and control risk management This primer provides an overview of three widely used tools for investigating and responding to patient safety events and near misses. Tools covered in this primer include incident reporting systems, Root Cause Analysis (RCA), and Failure Modes and Effects Analysis (FMEA).
 <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance</a>

Poster – Combined contact and droplet precautions https://www.safetyandquality.gov.au/publications-and-resources/resource-library/infectionprevention-and-control-poster-combined-contact-and-droplet-precautions



Control of infection in Healthcare and your state and territory guidance.

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PMC use brought representation in the parentialism of the MOV Christal Considerate Commission

Poster – Combined airborne and contact precautions
 https://www.safetyandquality.gov.au/publications-and-resources/resource-library/poster-combined-airborne-and-contact-precautions



## **VISITOR RESTRICTIONS IN PLACE**

For all staff

### **Combined airborne & contact precautions**

in addition to standard precautions

### Before entering room/care zone



Perform hand hygiene



Put on gown



Put on a particulate respirator (e.g. P2/N95) and perform fit check



Put on protective eyewear



Perform hand hygiene



Put on gloves

### At doorway prior to leaving room/care zone



Remove and dispose of gloves



Perform hand hygiene



Remove and dispose of gown



Leave the room/care zone



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove protective eyewear (in an anteroom/outside the room/care zone)



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove and dispose of particulate respirator (in an anteroom/outside the room/care zone)



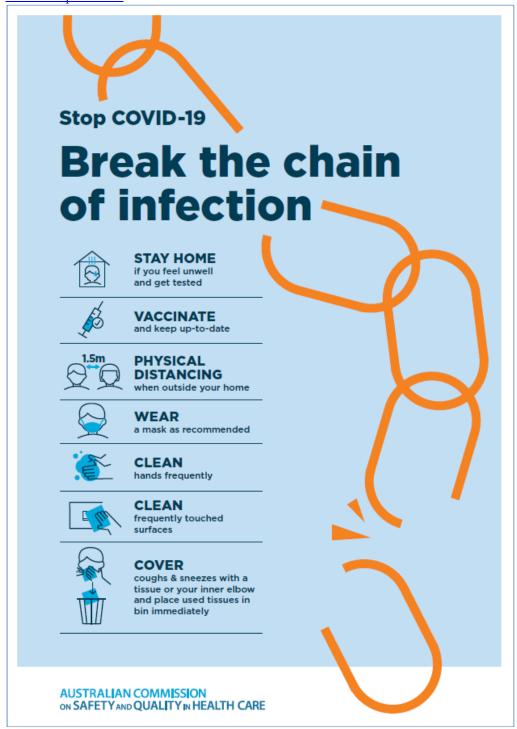
Perform hand hygiene

### KEEP DOOR CLOSED AT ALL TIMES

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The content of this poster was informed by resources developed by the NSW Clinical Excellence Commission and the Australian Government infection Control Expert Group. Photos reproduced with permission of the NSW Clinical Excellence Commission.

- Environmental Cleaning and Infection Prevention and Control www.safetyandquality.gov.au/environmental-cleaning
- COVID-19 infection prevention and control risk management Guidance
  <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance</a>
- Safe care for people with cognitive impairment during COVID-19
  <a href="https://www.safetyandquality.gov.au/our-work/cognitive-impairment/cognitive-impairment-and-covid-19">https://www.safetyandquality.gov.au/our-work/cognitive-impairment/cognitive-impairment-and-covid-19</a>
- Stop COVID-19: Break the chain of infection poster https://www.safetyandquality.gov.au/publications-and-resources/resource-library/break-chain-infection-poster-a3



• COVID-19 and face masks – Information for consumers

https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-and-face-masks-information-consumers

# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### COVID-19 and face masks

#### Should I use a face mask?

Wearing face masks may protect you from droplets (small drops) when a person with COVID-19 coughs, speaks or sneezes, and you are less than 1.5 metres away from them. Wearing a mask will also help protect others if you are infected with the virus, but do not have symptoms of infection.

Wearing a face mask in Australia is recommended by health experts in areas where community transmission of COVID-19 is high, whenever physical distancing is not possible. Deciding whether to wear a face mask is your personal choice. Some people may feel more comfortable wearing a face mask in the community.

When thinking about whether wearing a face mask is right for you, consider the following:

- Face masks may protect you when it is not possible to maintain the 1.5 metre physical distance from other people e.g. on a crowded bus or train
- Are you older or do you have other medical conditions like heart disease, diabetes or respiratory illness? People in these groups may get more severe illness if they are infected with COVID-19
- Wearing a face mask will reduce the spread of droplets from your coughs and sneezes to others (however, if you have any cold or flu-like symptoms you should stay home)
- A face mask will not provide you with complete protection from COVID-19. You should also do all of the other things listed below to prevent the spread of COVID-19.

### What can you do to prevent the spread of COVID-19?

Stopping the spread of COVID-19 is everyone's responsibility. The most important things that you can do to protect yourself and others are to:

- Stay at home when you are unwell, with even mild respiratory symptoms
- Regularly wash your hands with soap and water or use an alcohol-based hand rub
- Do not touch your face
- Do not touch surfaces that may be contaminated with the virus
- Stay at least 1.5 metres away from other people (physical distancing)
- Cover your mouth when you cough by coughing into your elbow, or into a tissue. Throw the tissue away immediately.



### National COVID-19 Clinical Evidence Taskforce

### https://covid19evidence.net.au/

The National COVID-19 Clinical Evidence Taskforce is a collaboration of peak health professional bodies across Australia whose members are providing clinical care to people with COVID-19. The taskforce is undertaking continuous evidence surveillance to identify and rapidly synthesise emerging research in order to provide national, evidence-based guidelines and clinical flowcharts for the clinical care of people with COVID-19. The guidelines address questions that are specific to managing COVID-19 and cover the full disease course across mild, moderate, severe and critical illness. These are 'living' guidelines, updated with new research in near real-time in order to give reliable, up-to-the minute advice to clinicians providing frontline care in this unprecedented global health crisis.

### COVID-19 Critical Intelligence Unit

### https://www.aci.health.nsw.gov.au/covid-19/critical-intelligence-unit

The Agency for Clinical Innovation (ACI) in New South Wales has developed this page summarising rapid, evidence-based advice during the COVID-19 pandemic. Its operations focus on systems intelligence, clinical intelligence and evidence integration. The content includes a daily evidence digest, a COVID status monitor, a risk monitoring dashboard and evidence checks on a discrete topic or question relating to the current COVID-19 pandemic. There is also a 'Living evidence' section summarising key studies and emerging evidence on **COVID-19 vaccines** and **SARS-CoV-2 variants**. The most recent updates include:

- Current and emerging patient safety issues during COVID-19 What is the evidence on the current and emerging patient safety issues arising from the COVID-19 pandemic?
- *Bivalent COVID-19 vaccines* What is the available regulatory and research evidence for bivalent COVID-19 vaccines?
- Surgery post COVID-19 What is the evidence for the timing of surgery, and outcomes following surgery, for people who have recovered from COVID-19?
- *Paxlovid* What is the evidence for Paxlovid for treatment of COVID-19?
- *Molnupiravir*—What is the evidence for and regulatory context of molnupiravir for treatment of COVID-19?
- *Eating disorders and COVID-19* What is the impact of the COVID-19 pandemic on the prevalence of eating disorders?
- Long COVID What is the evidence on the prevalence, presentation and management of long-COVID?
- Oseltamivir (Tamiflu) use in healthcare settings What is the evidence that use of oseltamivir in healthcare workers with a symptomatic influenza diagnosis result in an earlier return to work and reduced absenteeism? What is the evidence that use of oseltamivir in adults and children with symptomatic influenza reduces influenza transmission in health care settings?
- Alternative models of care for acute medical conditions What is the evidence on alternative models of care for managing patients with acute medical conditions outside of emergency or inpatient hospital settings?
- *Exercise and long COVID* Is exercise helpful in individuals with long COVID? Is post-exertional symptom exacerbation a risk in long COVID?
- Influenza and seasonal prophylaxis with oseltamivir What is the place or evidence for seasonal influenza prophylaxis (such as taking oseltamivir for 10 to 12 weeks continuously) in healthcare and aged care settings?
- Rapid access models of care for respiratory illnesses What is the evidence for rapid access models of care for respiratory illnesses, especially during winter seasons, in emergency departments?
- *Post-acute sequelae of COVID-19* What is the evidence on the post-acute sequelae of COVID-19?

- *Emerging variants* What is the available evidence for emerging variants?
- Chest pain or dyspnoea following COVID-19 vaccination What is evidence for chest pain or dyspnoea following COVID-19 vaccination?
- Cardiac investigations and elective surgery post-COVID-19 What is evidence for cardiac investigations and elective surgery post-COVID-19?
- **Breathlessness post COVID-19** How to determine those patients who present with ongoing breathlessness in need of urgent review or intervention due to suspected pulmonary embolus?
- *COVID-19 pandemic and influenza* What is the evidence for COVID-19 pandemic and influenza?
- Budesonide and aspirin for pregnant women with COVID-19 What is the evidence for the use of Budesonide for pregnant women with COVID-19? What is the evidence for aspirin prophylaxis for pre-eclampsia in pregnant women with a COVID-19 infection?
- COVID-19 vaccines in Australia What is the evidence on COVID-19 vaccines in Australia?
- COVID-19 pandemic and wellbeing of critical care and other healthcare workers Evidence in brief on the impact of the COVID-19 pandemic on the wellbeing of critical care and other healthcare workers.
- *Disease modifying treatments for COVID-19 in children* What is the evidence for disease modifying treatments for COVID-19 in children?
- *Mask type for COVID-19 positive wearer* What is the evidence for different mask types for COVID-19 positive wearers?
- *Post acute and subacute COVID-19 care* What published advice and models of care are available regarding post-acute and subacute care for COVID-19 patients?
- *Hospital visitor policies* What is the evidence for hospital visitor policies during and outside of the COVID-19 pandemic?
- Surgical masks, eye protection and PPE guidance—What is the evidence for surgical masks in the endemic phase in hospitals and for eyewear to protect against COVID-19?

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