

## Hand Hygiene Auditing Rules

Rules	Extended Definition
<b>Moment 1</b>	Record a <b>Moment 1</b> if you have observed that a healthcare worker (HCW) has or has not performed hand hygiene (HH) immediately before touching a patient.
<b>Moment 2</b>	Record a <b>Moment 2</b> if you have observed that a HCW has or has not performed HH immediately before commencing a clinical procedure. <ul style="list-style-type: none"> <li>Once HH has been performed, nothing in the patient's zone should be touched before the procedure commences.</li> </ul>
<b>Moment 3</b>	Record a <b>Moment 3</b> if you have observed that a HCW has or has not performed HH immediately after a procedure has been undertaken or after there has been an exposure risk to body fluid. <ul style="list-style-type: none"> <li>After a procedure or exposure to blood or body fluid, nothing should be touched before removing gloves and performing HH</li> <li>Touching the outside of a wound, chest drain or drainage bag (when connected to a patient) is a body fluid exposure risk, even if the circuit is not broken</li> <li><b>Moment 3</b> can be recorded as a standalone moment when there is a body fluid exposure risk but no patient contact.</li> </ul>
<b>Moment 4</b>	Record a <b>Moment 4</b> if you have observed that a HCW has or has not performed HH immediately after touching a patient. <ul style="list-style-type: none"> <li>If you observe that a HCW touches an item in the patient zone after touching a patient, this should be recorded as one <b>Moment 4</b></li> <li>If you observe that a HCW touches the patient's surroundings after <b>Moment 3</b> but before leaving the patient zone, this should be recorded as a <b>Moment 4</b>. For example, a nurse administers an intravenous medication to a patient, performs HH, moves the patient's overbed table, performs HH, and then leaves the patient zone. A correct <b>Moment 3</b> and a correct <b>Moment 4</b> should be recorded.</li> </ul>
<b>Moment 5</b>	Record a <b>Moment 5</b> if you have observed that a HCW has or has not performed HH when leaving the patient zone after touching the patient's immediate surroundings without touching the patient. <ul style="list-style-type: none"> <li>When multiple items in the patient zone are touched without touching the patient, record only one <b>Moment 5</b> when the HCW leaves the patient zone</li> <li>If you observe that a HCW touches the patient's surroundings after a <b>Moment 3</b> (for a HH moment after a body fluid exposure risk but no patient contact) when leaving the patient zone, then a <b>Moment 5</b> should be recorded. For example, a cleaner cleans vomit on the floor inside the patient zone, performs HH, moves the patient's overbed table, performs HH, and then leaves the patient zone. A correct <b>Moment 3</b> and a correct <b>Moment 5</b> should be recorded.</li> </ul>
<b>Before/After Moments</b>	Generally, for every "before" Moment, there should be an "after" Moment recorded unless the auditor does not observe the action: <ul style="list-style-type: none"> <li><b>Moment 1</b> is usually followed by either a <b>Moment 4</b> or a <b>Moment 3</b></li> <li><b>Moment 2</b> is usually followed by a <b>Moment 3</b></li> <li><b>Moment 2</b> can be recorded as a standalone <b>Moment 2</b> if hand hygiene is performed before the preparation of an aseptic field</li> <li><b>Moment 3</b> can be recorded as a standalone moment when there is a blood or body fluid exposure risk but no direct patient contact</li> <li><b>Moment 5</b> is always a standalone moment – there is no before moment for <b>Moment 5</b>.</li> </ul>
<b>Only audit what you observe</b>	Only audit and record HH moments that you see: <ul style="list-style-type: none"> <li>If you start auditing after a HCW has already touched a patient or is performing a procedure, you should only record the moments you observe</li> <li>If you stop auditing while patient care is still in progress, you should only record the hand hygiene moments you have observed.</li> </ul>
<b>Curtains</b>	Patient bed curtains are not part of the patient zone and are frequently contaminated. HH should be performed: <ul style="list-style-type: none"> <li>After touching the curtains and before touching the patient</li> <li>After touching the patient and before touching the curtains.</li> </ul>
<b>Double Moments</b>	When a HCW moves directly from one patient to another or from one task to another task on the same patient without touching anything in between, double moments may occur. In this situation, a single HH action will cover two moments for HH. For example, a physiotherapist touches Patient A, perform HH, and then touches Patient B. The one HH action covers a <b>Moment 4</b> after touching Patient A and a <b>Moment 1</b> before touching Patient B.
<b>Actions that are not auditable</b>	During auditing, you may observe HH actions that may not correspond to the 5 Moments for Hand Hygiene. These moments do not need to be recorded. E.g. when a HCW walks into the patient zone, performs HH, and walks out without touching anything.