

# Hip fracture care in Australia

11 September 2023

Hip fracture is a debilitating injury mostly occurring in people aged over 65 years. The revised **Hip Fracture Clinical Care Standard** will improve outcomes for patients and reduce their risk of another fracture.

## NATIONAL DATA

Each year  
**19,000**  
people present  
with a hip fracture



**1 in 4**  
people with a hip fracture  
die within a year

Aboriginal and Torres Strait Islander people  
are more likely to have a hip fracture.



Men are **50%** and  
women **26%** more likely  
compared with non-  
Indigenous Australians

Hip fractures cost the  
health system



**\$595**  
million  
in 2019-20

## HOSPITAL CARE IN 2022



**78%**  
of patients had  
surgery within  
48 hours

Hospitals' average time  
to surgery varied from

**16 to 92**  
hours



**Only 45%**  
of people walked  
on the first day  
after surgery



**Only 32%**  
of people left  
hospital on bone  
protection medication



Source: ANZHFR Annual Report 2023

## KEY CHANGES IN THE 2023 STANDARD

- 1 SURGERY IN 36 HRS**  
Time to surgery reduced from 48 to 36 hours of presenting at any hospital.
- 2 MULTIDISCIPLINARY CARE**  
Identify and manage malnutrition, frailty and delirium.
- 3 PAIN MANAGEMENT**  
Offer a 'nerve block' injection in the groin to provide fast pain relief.
- 4 CULTURAL SAFETY**  
Better communication to ensure First Nations people receive safe and equitable care.

FIND OUT MORE AT: [safetyandquality.gov.au/hipfracture-ccs](https://safetyandquality.gov.au/hipfracture-ccs)