# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### On the Radar

Issue 632 11 December 2023

On the Radar is a summary of some of the recent publications in the areas of safety and quality in health care. Inclusion in this document is not an endorsement or recommendation of any publication or provider. Access to particular documents may depend on whether they are Open Access or not, and/or your individual or institutional access to subscription sites/services. Material that may require subscription is included as it is considered relevant.

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#### On the Radar

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### Hand hygiene for dental healthcare workers

https://nhhi.southrock.com

The Australian Commission on Safety and Quality in Health Care is pleased to announce the release of our new *Hand Hygiene for Dental healthcare workers* eLearning module.



Good hand hygiene practices are essential in preventing the spread of infections and safeguarding patients' and healthcare workers' health and safety. Our online training modules offer a comprehensive overview of hand hygiene best practice, including the '5 Moments for Hand Hygiene' and infection prevention and control techniques.

The new module is designed to support education of dental healthcare workers about hand hygiene. Whether you are clinical, non-clinical, a student or working in community care, our eLearning modules support the training and needs of healthcare workers across all settings.

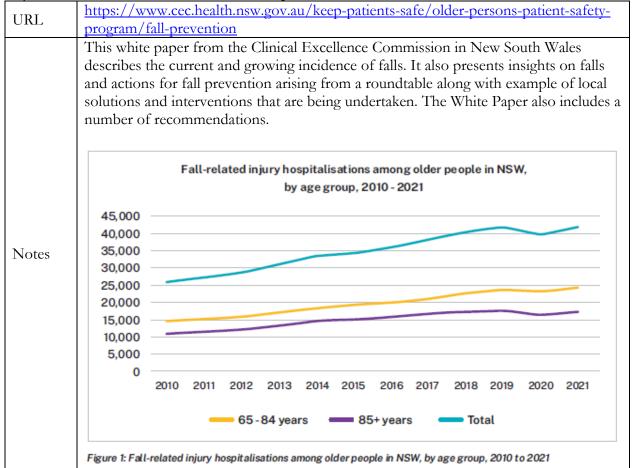
To access the latest modules, please visit National Hand Hygiene Initiative Learning Management System at <a href="https://nhhi.southrock.com">https://nhhi.southrock.com</a> and follow the registration instructions. If you have any questions or require further assistance, please don't hesitate to contact us at <a href="https://hhhi.southrock.com">HAI@safetyandquality.gov.au</a>

#### Reports

Fall Prevention in NSW. White Paper 2023

Clinical Excellence Commission

Sydney: Clinical Excellence Commission; 2023. p. 56.



Implementation, readiness and resourcing. A practical guide to the adoption and spread of health innovation programmes Health Innovation Network

URL	https://healthinnovation-em.org.uk/news-blog/latest-news/1567-driving-successful-innovation-roll-out
Notes	The Health Innovation Network in the UK's NHS has developed this guide that 'aims to provide an easy to adapt framework for people working within health and care systems seeking to adopt and embed a service innovation or transformation.' The guide uses the example of the Focus ADHA programme to illustrate approaches to innovation implementation and spread. The guide 'is structured around five core areas for programmes to be successfully implemented and sustained':  1. Understanding the context 2. Raising awareness 3. Building will 4. Supporting implementation 5. Changing behaviour.

Interim report: Retained swabs following invasive procedures: themes identified from a review of NHS serious incident reports

Health Services Safety Investigation Body

Poole: HSSIB; 2023.

	010.110010, 2020.	
URL	https://www.hssib.org.uk/patient-safety-investigations/retained-surgical-swabs/	
Notes	The Health Services Safety Investigation Body (HSSIB) in the UK has released this interim report of their investigation into events involving retained swabs following invasive procedures. Spurred by the case of a patient undergoing cardiac surgery who had to return to the operating theatre twice for the removal of swabs that had been left behind. The HSSIB analysed and identified common themes in 31 serious incident reports where a swab was unintentionally retained following an invasive procedure. This interim report presents the findings, observations and recommendation of the investigation. Some of the themes will be explored further in the ongoing investigation. The aim of this report is to share current understanding of where and how retained swab events occur, and to help healthcare organisations to take a proactive, systems-based approach to understanding and seeking to address this persistent patient safety concern.	

### Journal articles

Patient safety in remote primary care encounters: multimethod qualitative study combining Safety I and Safety II analysis Payne R, Clarke A, Swann N, van Dael J, Brenman N, Rosen R, et al BMJ Quality & Safety 2023.

DOI	https://dx.doi.org/10.1136/bmjqs-2023-016674
	Remote care – telehealth by phone or video – became routine during the COVID-19
	pandemic and is now a common mode. This piece reports on an attempt to
	understand the safety aspects of remote care encounters in UK primary care with a
Notes	multimethod qualitative study. The study examined 95 safety incidents involving
Notes	remote care interactions and also followed 12 general practices. The study 'explored
	causes of real safety incidents retrospectively ('Safety I' analysis)' while also sought to
	understand 'why safety and near-miss incidents (rarely) occurred and why they did not
	occur more often ('Safety II' analysis).'

The authors observe that 'Safety incidents were characterised by inappropriate modality, poor rapport building, inadequate information gathering, limited clinical assessment, inappropriate pathway (eg, wrong algorithm) and inadequate attention to social circumstances. These resulted in missed, inaccurate or delayed diagnoses, underestimation of severity or urgency, delayed referral, incorrect or delayed treatment, poor safety netting and inadequate follow-up. Patients with complex pre-existing conditions, cardiac or abdominal emergencies, vague or generalised symptoms, safeguarding issues, failure to respond to previous treatment or difficulty communicating seemed especially vulnerable. General practices were facing resource constraints, understaffing and high demand. Triage and care pathways were complex, hard to navigate and involved multiple staff. In this context, patient safety often depended on individual staff taking initiative, speaking up or personalising solutions.'

#### Australian Health Review

Volume 47, Number 6, December 2023

$f_{\text{unifor}}$	umber 6, December 2023
URL	https://www.publish.csiro.au/ah/issue/11464
	A new issue of Australian Health Review has been published. Articles in this issue of Australian Health Review include:
Notes	<ul> <li>Making good on the promise of genomics in healthcare: the NSW Health perspective (Deb Willcox, Ronald J. A. Trent, Nigel Lyons, Cliff Meldrum, Peter Kennedy, Tamara Lee, Yemima Berman, Bronwyn Burgess, John William Cannings, Martin Joseph Canova, Celia Halliburton, Olivia Hibbitt, Sarah Karen Norris, Antonio Penna, A Perkins, E Pilowsky and S Rushton)</li> <li>Gathering the evidence: health and aged care carbon inventory study (Sharon Desmond, J Smith, J Hogg, J Walton-Hespe and J Gardner-Marlin)</li> <li>Worsening psychological wellbeing of Australian hospital clinical staff during three waves of the coronavirus (COVID-19) pandemic (Sara Holton, Bodil Rasmussen, Shane Crowe, Melody Trueman, Adrian Dabscheck, Sarah Booth, Danielle Hitch, Catherine M. Said, Kimberley J. Haines and K Wynter</li> <li>An analysis of legislation and policies that guide maternity leave decision making in Australian midwifery students (Michelle Gray, Liz McNeill, Terri Downer, Dianne Bloxsome and Elaine Jefford)</li> <li>A community of practice to address system-based issues and promote clinical leadership among trainee medical officers in a large public health service: an evaluation of a trainee-led forum (Samuel M Koopowitz, Matthew Arnold, J M Inglis, K Hon, A Vanlint, L F Koopowitz and G O'Callaghan)</li> <li>Systematic audit of Australian specialty colleges' policies on bullying, discrimination, and harassment (Thomas Haskell and Nancy Merridew)</li> <li>Establishing a 'Virtual' model of emergency care in Melbourne's southeast (Muhuntha Sri-Ganeshan, Andrew Underhill, Claire Charteris, Fergus McGee and Peter A Cameron)</li> <li>General practice accreditation – does time spent on-site matter? (Michael Jones, David McNaughton and Paul Mara)</li> <li>The incidence of personal importation of prescription medicines among Australians 45 and older: a cross-sectional survey (Narcyz Ghinea, Andrew Roberts, Tania Prvan and Wendy Rogers)</li> <li>A conceptual framework to support hospitals to measure and realise financial benefits</li></ul>

- The economic burden of myalgic encephalomyelitis/chronic fatigue syndrome in Australia (Ting Zhao, Ingrid A Cox, Hasnat Ahmad, Julie A Campbell, Martin Hensher, Andrew J Palmer, Ryan M Kelly, Melissa J Rogerson, Karen Wills and Barbara de Graaff)
- Adoption of out-of-pocket cost caps: an Australian perspective (Ramya Walsan, Rebecca J Mitchell and Reema Harrison)
- Intensive care utilisation after elective surgery in Australia and New Zealand: getting the balance right (Philip Emerson, Arthas Flabouris, Josephine Thomas, Jeremy Fernando, Siva Senthuran and K Sundararajan)
- A cross-sectional study exploring equity of access to telehealth in culturally
  and linguistically diverse communities in a major health service (Victor M
  Gallegos-Rejas, Jaimon T Kelly, Karen Lucas, Centaine L Snoswell, Helen M
  Haydon, Sue Pager, Anthony C Smith and Emma E Thomas)
- Allied health service delivery in residential aged care and the impact of the coronavirus (COVID-19) pandemic: a survey of the allied health workforce (Isabelle Meulenbroeks, Magdalena Z Raban, Karla Seaman, Nasir Wabe and Johanna Westbrook)
- **Delivering complex surgical services**: lessons learned from the evolution of a specialised pelvic exenteration centre (Kilian G M Brown, Kate E McBride, Teresa Anderson and Michael J Solomon)
- Deterioration of mild anxiety and depression with Better Access treatment: implications for scaling up psychotherapy worldwide (Stephen Allison, Tarun Bastiampillai, Steve Kisely and Jeffrey C L Looi)
- The unfulfilled promises of electronic health records (Jeffrey C L Looi, Steve Kisely, Stephen Allison, Tarun Bastiampillai and Paul A Maguire)
- What have been the clinical outcomes of the Project Synergy/InnoWell digital health platform? (Jeffrey C L Looi, Stephen Allison, Tarun Bastiampillai and Steve Kisely)

Public Health Research & Practice Volume 33, Issue 4, December 2023

URL	https://www.phrp.com.au/issues/december-2023-volume-33-issue-4/
	A new issue of Public Health Research & Practice has been published with a theme of
	'urban planning and development for health'. Articles in this issue of Public Health
	Research & Practice include:
	• Editorial: <b>Urban planning and development for health</b> : key principles to
	guide action and change (Jason Prior, Edgar Liu, Evelyne de Leeuw, Nicky
	Morrison, Agis Tsouros)
	• Urban policy, space and wellbeing: a move towards <b>LGBTQIA+ inclusive</b>
	planning (Andrew Gorman-Murray, Jason Prior, Rebecca Cadorin, Alice
	Vincent, Jéan-Louise Olivier, Evelyne de Leeuw)
	Heat illness presentations to emergency departments in Western Sydney:
	surveillance for environmental, personal and behavioural risk factors (Stephen
	J Conaty, Sayontonee Ghosh, Khizar Ashraf, Karin H Taylor, George
	Truman, Helen Noonan, Mithilesh Dronavalli, Bin Jalaludin)
	Therapeutic aspects of Connection to Country and cultural landscapes
	among Aboriginal peoples from the Stolen Generations living in urban NSW,
	Australia (Aryati Yashadhana, Ted Fields, Edgar Liu, Nina Serova, Michelle
	O'Leary, Gail Kenning, Volker Kuchelmeister, J Lockhart, E de Leeuw)

- The impact of **community-based food access strategies** in high-income countries: a systematic review of randomised controlled trials (Sandra Marjanovic, Katherine Kent, Nicky Morrison, Jason Wu, Catharine Fleming, Kathy Trieu, Kate McBride, David Simmons, U Osuagwu, F MacMillan)
- Urban environmental exposures during the first 2000 days of life as a foundation for health across the life-course: a scoping review (Erica McIntyre, Jason Prior, Christine Catling, Rupert Legg, Dwan Vilcins, Jane Frawley, Clare Perry, Amanda Henry, Christina Rojas, Valsamma Eapen)
- A participatory system map of the adverse influence of urban environments on population health: integrating urban development and preventive health expertise (Jason Prior, Rupert Legg, Erica McIntyre)
- How tobacco companies use the revolving door between government and industry to influence policymaking: an Australian case study (Christina Watts, Melissa Jones, Kylie Lindorff, Becky Freeman)
- Cost-effectiveness and productivity impacts of call-back telephone counselling for **smoking cessation** (Paul Crosland, M Scollo, S L White, N McCaffrey)
- Developing a climate change inequality health impact assessment for health services (Fiona Haigh, Alana Crimeen, Liz Green, Holger Moeller, Stephen J Conaty, Jason H Prior, Ben Harris-Roxas)
- Assessing tenant health amid social housing redevelopment: lessons from a pilot project (Christopher M Standen, Erica McIntyre, Hazel Easthope, Jennifer Green, Fiona Haigh)
- The value of universal screening for COVID-19 cases on cruise ships during outbreaks (Adam Capon, Sandra Chaverot, Anthea L Katelaris, Mark Ferson, Natalie Klees, Christine Selvey, Vicky Sheppeard)
- The CDC Foundation's **COVID-19 emergency response** pilot project: a case study in knowledge brokering for older adults and caregivers (Alaina Whitton, Hailey Bednar, Rachel F Singer, Roy Ahn, Jessica Fox, Lauren Isaacs, Alycia Bayne)

### Health Affairs

Volume 42, Number 12, December 2023

URL	https://www.healthaffairs.org/toc/hlthaff/42/12
	A new issue of Health Affairs has been published with the themes 'Global Lessons
	From COVID-19'. Articles in this issue of <i>Health Affairs</i> include:
	Reflections On Epidemiological Modeling To Inform Policy During The
	COVID-19 Pandemic In Western Europe, 2020–23 (Mark Jit, Kylie Ainslie,
	Christian Althaus, Constantino Caetano, Vittoria Colizza, Daniela Paolotti,
	Philippe Beutels, Lander Willem, John Edmunds, Baltazar Nunes, Sónia
	Namorado, Christel Faes, Nicola Low, Jacco Wallinga, and Niel Hens)
Notes	Why Similar Policies Resulted In Different COVID-19 Outcomes: How
Notes	Responsiveness And Culture Influenced Mortality Rates (Tse Yang Lim, Ran
	Xu, Nick Ruktanonchai, Omar Saucedo, Lauren M Childs, Mohammad S
	Jalali, Hazhir Rahmandad, and Navid Ghaffarzadegan)
	Lives Versus Livelihoods: The Epidemiological, Social, And Economic
	Impact Of COVID-19 In Latin America And The Caribbean (Adolfo
	Rubinstein, Federico Filippini, Adrian Santoro, Alejandro L Lopez Osornio,
	Ariel L Bardach, Emiliano Navarro, Cintia Cejas, Sebastian Bauhoff, Federico
	Augustovski, Andrés L Pichon-Riviere, and Eduardo L Levy Yeyati)

- Disruption Of Non-COVID-19 Health Care In Latin America During The Pandemic: Effects On Health, Lessons For Policy (Pedro Bernal Lara, William D Savedoff, María Fernanda García Agudelo, Carolina Bernal, Laura Goyeneche, Rita Sorio, Ricardo Pérez-Cuevas, Marcia Gomes da Rocha, Leonardo Goes Shibata, Cristina San Roman Vucetich, and Sebastian Bauhoff)
- COVID-19 Disruption To Routine Health Care Services: How 8 Latin American And Caribbean Countries Responded (Cristian A Herrera, Clara Juárez-Ramírez, Hortensia Reyes-Morales, Paula Bedregal, Diana L Reartes-Peñafiel, Sandra P Díaz-Portillo, Niek Klazinga, D S Kringos, and J Veillard)
- COVID-19 And Mental Health Outcomes Of Older Adults: Evidence From Mexico (Cesar Gonzalez-Gonzalez, Karina Orozco-Rocha, Deborah S DeGraff, Rafael Samper-Ternent, and Rebeca Wong)
- Global Vaccine Access Demands Combating Both Inequity And Hesitancy (Peter J Hotez)
- The Health Justice Policy Tracker: **COVID-19 Policies To Advance Health Justice** For Vulnerable Populations (Malvikha Manoj, Phong Phu Truong, Jeremy Shiffman, and Yusra Ribhi Shawar)
- Substantial Disparities In COVID-19 Vaccine Uptake And Unmet Immunization Demand In Low- And Middle-Income Countries (Ashley M Fox, Yongjin Choi, and Leesa Lin)
- Public Perceptions Of **COVID-19 Lockdown Policies** In Europe: Socioeconomic Status And Trust Were Factors (Lasse Falk, Sebastian Neumann-Böhme, Iryna Sabat, and Jonas Schreyögg)
- Socioeconomic Disparities In Mortality And Health Care Use During The COVID-19 Pandemic: Evidence From Germany (Esra Eren Bayindir, Robert Messerle, Tom Stargardt, and Jonas Schreyögg)
- Adolescent Social Outcomes Declined During COVID-19: Evidence From Bangladesh, Jordan, And Ethiopia (Jennifer Seager, Erin Oakley, Ahwaz Akhtar, Saini Das, Joan Hamory, and Sarah Baird)
- A Systematic Review Of **COVID-19 Misinformation Interventions**: Lessons Learned (Rory Smith, Kung Chen, Daisy Winner, S Friedhoff, and C Wardle)
- COVID-19 Boosters: If The US Had Matched Israel's Speed And Take-Up, An Estimated 29,000 US Lives Would Have Been Saved (Bernard Black, Vladimir Atanasov, Aharona Glatman-Freedman, Lital Keinan-Boker, Amnon Reichman, Lorenzo Franchi, J Meurer, Q Luo, D B Thaw, and A Moghtaderi)
- FDA Global Drug Inspections: Surveillance Of Manufacturing
   Establishments Remains Well Below Pre-COVID-19 Levels (Emily Cuddy, Yun Peng Lu, and David B Ridley)
- Changing The Playbook For Immigrant Health (Cheryl Bettigole, Patricia C Henwood, Sage Myers, and Maura Sammon)

### BMJ Quality & Safety online first articles

URL	https://qualitysafety.bmj.com/content/early/recent
	BMJ Quality & Safety has published a number of 'online first' articles, including:
	Patient safety in remote primary care encounters: multimethod qualitative
Notes	study combining Safety I and Safety II analysis (Rebecca Payne, Aileen Clarke,
Notes	Nadia Swann, Jackie van Dael, Natassia Brenman, Rebecca Rosen, Adam
	Mackridge, Lucy Moore, Asli Kalin, Emma Ladds, Nina Hemmings, Sarah
	Rybczynska-Bunt, Stuart Faulkner, Isabel Hanson, Sophie Spitters, Sietse

	Wieringa, Francesca H Dakin, Sara E Shaw, Joseph Wherton, Richard Byng, Laiba Husain, Trisha Greenhalgh)
•	Quality and reporting of large-scale improvement programmes: a review of maternity initiatives in the English NHS, 2010–2023 (James McGowan, Bothaina Attal, Isla Kuhn, Lisa Hinton, Tim Draycott, Graham P Martin, Mary Dixon-Woods)
•	Retrospective cohort study of <b>wrong-patient imaging order errors</b> : how many reach the patient? (Jerard Z Kneifati-Hayek, Elias Geist, Jo R Applebaum, Alexis K Dal Col, Hojjat Salmasian, Clyde B Schechter, Noémie Elhadad, Joshua Weintraub, Jason S Adelman)

International Journal for Quality in Health Care online first articles

URL	https://academic.oup.com/intqhc/advance-articles
Notes	<ul> <li>International Journal for Quality in Health Care has published a number of 'online first' articles, including:</li> <li>It's time to protect nursing students from workplace violence (Ting-ting Chen et al)</li> </ul>

### Online resources

### [UK] NICE Guidelines and Quality Standards

https://www.nice.org.uk/guidance

The UK's National Institute for Health and Care Excellence (NICE) has published new (or updated) guidelines and quality standards. The latest reviews or updates include:

• NICE Guideline NG198 Acne vulgaris: management https://www.nice.org.uk/guidance/ng198

### [USA] AHRQ Perspectives on Safety

https://psnet.ahrq.gov/psnet-collection/perspectives

The US Agency for Healthcare Research and Quality (AHRQ) publishes occasional Perspectives on Safety essays. Recent essays include:

• The Role of Undergraduate Nursing Education in Patient Safety
<a href="https://psnet.ahrq.gov/perspective/role-undergraduate-nursing-education-patient-safety">https://psnet.ahrq.gov/perspective/role-undergraduate-nursing-education-patient-safety</a>

#### **COVID-19** resources

https://www.safetyandquality.gov.au/covid-19

The Australian Commission on Safety and Quality in Health Care has developed a number of resources to assist healthcare organisations, facilities and clinicians. These and other material on COVID-19 are available at <a href="https://www.safetyandquality.gov.au/covid-19">https://www.safetyandquality.gov.au/covid-19</a>

These resources include:

OVID-19 infection prevention and control risk management This primer provides an overview of three widely used tools for investigating and responding to patient safety events and near misses. Tools covered in this primer include incident reporting systems, Root Cause Analysis (RCA), and Failure Modes and Effects Analysis (FMEA).
 <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance</a>

Poster – Combined contact and droplet precautions
 https://www.safetyandquality.gov.au/publications-and-resources/resource-library/infection-prevention-and-control-poster-combined-contact-and-droplet-precautions



### VISITOR RESTRICTIONS MAY BE IN PLACE

For all staff

### Combined contact & droplet precautions\*

in addition to standard precautions

#### Before entering room/care zone



Perform hand hygiene



Put on gown



Put on surgical mask



Put on protective eyewear



Wear gloves, in accordance with standard precautions

### What else can you do to stop the spread

- Always change gloves and perform hand hygiene between different care activities and when gloves become soiled to prevent cross contamination of body sites
- Consider patient placement
- Minimise patient movement

#### At doorway prior to leaving room/care zone



Remove and dispose of gloves if worn



Perform hand hyglene



Remove and dispose of gown



Perform hand hygiene



Remove protective eyewear



Perform hand hyglene



Remove and dispose of mask



Leave the room/care zone



Perform hand hyglene

\*e.g. Acute respiratory tract infection with unknown aetiology, seasonal influenza and respiratory syncytial virus (RSV)

For more detail, refer to the Australian Guidelines for the Prevention and Control of Infection in Healthcare and your state and territory guidance.

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Poster – Combined airborne and contact precautions
 https://www.safetyandquality.gov.au/publications-and-resources/resource-library/poster-combined-airborne-and-contact-precautions



# **VISITOR RESTRICTIONS IN PLACE**

For all staff

### **Combined airborne & contact precautions**

in addition to standard precautions

### Before entering room/care zone



Perform hand hygiene



Put on gown



Put on a particulate respirator (e.g. P2/N95) and perform fit check



Put on protective eyewear



Perform hand hygiene



Put on gloves

### At doorway prior to leaving room/care zone



Remove and dispose of gloves



Perform hand hygiene



Remove and dispose of gown



Leave the room/care zone



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove protective eyewear (in an anteroom/outside the room/care zone)



Perform hand hygiene (in an anteroom/outside the room/care zone)



Remove and dispose of particulate respirator (in an anteroom/outside the room/care zone)



Perform hand hygiene

### KEEP DOOR CLOSED AT ALL TIMES

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The content of this poster was informed by resources developed by the NSW Clinical Excellence Commission and the Australian Government infection Control Expert Group. Photos reproduced with parmission of the NSW Clinical Excellence Commission.

- Environmental Cleaning and Infection Prevention and Control www.safetyandquality.gov.au/environmental-cleaning
- COVID-19 infection prevention and control risk management Guidance <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-infection-prevention-and-control-risk-management-guidance</a>
- Safe care for people with cognitive impairment during COVID-19
  <a href="https://www.safetyandquality.gov.au/our-work/cognitive-impairment/cognitive-impairment-and-covid-19">https://www.safetyandquality.gov.au/our-work/cognitive-impairment/cognitive-impairment-and-covid-19</a>
- Stop COVID-19: Break the chain of infection poster <a href="https://www.safetyandquality.gov.au/publications-and-resources/resource-library/break-chain-infection-poster-a3">https://www.safetyandquality.gov.au/publications-and-resources/resource-library/break-chain-infection-poster-a3</a>



• COVID-19 and face masks – Information for consumers

https://www.safetyandquality.gov.au/publications-and-resources/resource-library/covid-19-and-face-masks-information-consumers

# AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE



### **COVID-19** and face masks

#### Should I use a face mask?

Wearing face masks may protect you from droplets (small drops) when a person with COVID-19 coughs, speaks or sneezes, and you are less than 1.5 metres away from them. Wearing a mask will also help protect others if you are infected with the virus, but do not have symptoms of infection.

Wearing a face mask in Australia is recommended by health experts in areas where community transmission of COVID-19 is high, whenever physical distancing is not possible. Deciding whether to wear a face mask is your personal choice. Some people may feel more comfortable wearing a face mask in the community.

When thinking about whether wearing a face mask is right for you, consider the following:

- Face masks may protect you when it is not possible to maintain the 1.5 metre physical distance from other people e.g. on a crowded bus or train
- Are you older or do you have other medical conditions like heart disease, diabetes or respiratory illness? People in these groups may get more severe illness if they are infected with COVID-19
- Wearing a face mask will reduce the spread of droplets from your coughs and sneezes to others (however, if you have any cold or flu-like symptoms you should stay home)
- A face mask will not provide you with complete protection from COVID-19. You should also do all of the other things listed below to prevent the spread of COVID-19.

# What can you do to prevent the spread of COVID-19?

Stopping the spread of COVID-19 is everyone's responsibility. The most important things that you can do to protect yourself and others are to:

- Stay at home when you are unwell, with even mild respiratory symptoms
- Regularly wash your hands with soap and water or use an alcohol-based hand rub
- Do not touch your face
- Do not touch surfaces that may be contaminated with the virus
- Stay at least 1.5 metres away from other people (physical distancing)
- Cover your mouth when you cough by coughing into your elbow, or into a tissue. Throw the tissue away immediately.



### National Clinical Evidence Taskforce

### https://clinicalevidence.net.au/

The National Clinical Evidence Taskforce is a multi-disciplinary collaboration of 35 member organisations – Australia's medical colleges and peak health organisations – who share a commitment to provide national evidence-based treatment guidelines for urgent and emerging diseases.

This alliance established the world's first 'living guidelines' for the care of people with COVID-19 and MPX.

Funding has now been discontinued for the National Clinical Evidence Taskforce and the COVID-19 guidelines as of 30 June 2023.

These guidelines are no longer continually updated but will remain online until the guidance becomes inaccurate and/or no longer reflects the evidence or recommended practice.

### Disclaimer

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