

World Hand Hygiene Day 2024 – Quiz

Q1: True or false: Hand hygiene is the single most important intervention to prevent healthcare-associated infections

- a) True
- b) False

Q2: Who needs to practice hand hygiene in a healthcare environment?

- a) Only doctors and nurses
- b) Only allied healthcare workers
- c) Only office and clerical staff
- d) Only cleaning and hospitality staff
- e) Only visitors
- f) Everybody

Q3: True or false: Hand hygiene should be performed before and after entering a healthcare environment, healthcare zone and/or a patient's/resident's immediate area.

- a) True
- b) False

Q4: How long should you wash your hands with soap and water?

- a) At least 2 seconds
- b) At least 5 seconds
- c) At least 10 seconds
- d) At least 20 seconds

**Q5: What hand hygiene products will help to stop the spread of infectious agents?
(Two correct answers)**

- a) Soap and water together
- b) Water alone
- c) Alcohol-based hand rub

Q6: Hand hygiene is important because

- a) It protects patients/clients/ residents from infection
- b) It protects the healthcare environment
- c) It protects me
- d) All of the above

Q7: A nurse enters the patient /resident's immediate area/ room to check their vital signs (non-invasive procedure), when should the nurse perform hand hygiene?

- a) Only before touching the patient
- b) Only after touching the patient

- c) Hand hygiene is not required
- d) Always before and after touching the patient

Q8: A doctor is about to insert a cannula into a patient's wrist (invasive procedure), when should the doctor perform hand hygiene?

- a) Only before inserting the cannula (starting the procedure)
- b) Only after they have finished inserting the cannula
- c) Hand hygiene is not required
- d) Always immediately before starting the procedure and after completing the procedure

Q9: True or false: An allied health worker enters a patient's/ resident's room but only touches the curtain while talking to the patient/ resident. They did not touch the patient/ resident. The allied health worker does not need to do hand hygiene.

- a) True
- b) False

Q10: True or false: Clothing, jewellery, and nail treatments may harbour infectious agents that can be transferred to others and the healthcare environment, facilities, and equipment.

- a) True
- b) False

For more information on what you can do to support hand hygiene in your organisation, visit [World Hand Hygiene Day 2024](#)