



Listen, Look and Act to recognise sepsis or rule it out

Sepsis is a time-critical medical emergency

Think sepsis until you rule it out

# PATIENTS AND FAMILIES MAY ASK

# ‘COULD IT BE SEPSIS?’



## LISTEN

### Listen to the concerns

Listen and validate their concerns:  
‘I understand you are worried about sepsis because ...’



## LOOK

### Look for signs of sepsis and use a sepsis pathway

Look for signs of infection **plus** haemodynamic and/or respiratory changes and/or new altered mental state.



## ACT

### Communicate for safety

Communicate clearly. Escalate care. Keep everyone informed about next steps.  
**Not sepsis?** Give specific instructions to the patient/family on when to re-escalate or return and tell them what to say.