

Osteoarthritis of the Knee

Clinical Care Standard

Assessment tools used for the assessment and monitoring of knee osteoarthritis.

Assessment domain	Name
Disease-specific	Knee injury and Osteoarthritis Outcome Score (KOOS)
	OsteoArthritis Questionnaire (OA-Quest)
	Osteoarthritis Knowledge Scale (OAKS)
Function	Timed Up and Go
	30-second chair test
	Patient-Specific Functional Scale (PSFS)
Pain	Visual Analogue Scale (VAS)
	Numerical rating scale (VNRS)
Depression and anxiety	Kessler (K10) Psychological Distress Test
	Depression, Anxiety and Stress Scale 21 (DASS 21)
Work limitations	Workplace Activity Limitations Scale (WALS)
Quality of life	Assessment of Quality of Life (AQoL) instruments

Questions?



See the Commission's [Osteoarthritis of the Knee Clinical Care Standard](#) webpage for more information and links to useful resources.