World Hand Hygiene Day 2025

True or false quiz

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| True or false? | True | False |
| 1. Hand hygiene must be performed immediately before putting on and after removing gloves.
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| 1. Gloves provide complete protection from contamination.
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| 1. Inappropriate glove use can increase the transmission of infectious agents.
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| 1. All gloves are reusable items.
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| 1. Health care contributes to 7% of Australia’s overall carbon footprint.
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| 1. On average, 30 pairs of gloves are used per patient per 12-hour shift in Australian and New Zealand intensive care units.
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| 1. Gloves should be worn when taking observations, including temperature, pulse, and blood pressure.
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| 1. Performing hand hygiene can be as effective or better at reducing the risk of cross-contamination compared to wearing gloves in certain situations.
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| 1. One-third of waste generated in healthcare is single-use plastics, including gloves.
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| Answers: 1. True. 2. False. Gloves may have microscopic defects that allow microorganisms to contaminate hands. 3. True. If gloves are not changed and hand hygiene is not performed between patient care activities, the risk of cross-contamination and healthcare-associated infections increases. 4. False. All gloves commonly used by healthcare workers for patient care are defined as single-use disposable gloves. 5. True. 6. True. 7. False. Gloves are not necessary for direct patient contact when taking observations unless contact with blood or body fluids is anticipated. 8. True. Performing hand hygiene can be as effective or more effective at reducing the risk of cross-contamination compared to wearing gloves in certain situations. 9. True. |

#### A cartoon of hands with bandages  AI-generated content may be incorrect.For more information on what you can do to support hand hygiene and appropriate glove use in your organisation, visit [World Hand Hygiene Day 2025](https://www.safetyandquality.gov.au/our-work/infection-prevention-and-control/national-hand-hygiene-initiative/world-hand-hygiene-day).